

STARTERS

SOUP OF THE DAY

7

Ask your server for details (GF, V)

SLOW COOKED HAM HOCK TERRINE

8

Homemade orchard chutney (GF)

HOME CURED GIN & TONIC SALMON

10

Cucumber & radish salad, candied lime dressing (GF)

GOATS CHEESE PANNA COTTA

10

Beetroot carpaccio, micro herbs (GF, V)

TEMPURA TIGER PRAWNS

10

Oriental salad, sweet chilli dip (GF)

DORSET ROCK OYSTERS

(GF)

each 3 1/2 dozen 18 1 dozen 32

ISLE OF WIGHT HERITAGE TOMATO

9

Mozzarella, basil (GF, V)

SEARED SCALLOPS

12

Crispy pork belly, fennel & pea shoot salad (GF)

TWICE BAKED DORSET CHEESE SOUFFLE

9

Grape & celery salad (V)

MAINS

PAN FRIED FILLET OF HALIBUT

21

Warm broccoli & potato salad, olive dressing (GF)

ROAST MONKFISH

22

Oriental glass noodle stir fry,
spring onion & ginger salsa (GF)

PAN FRIED COD

19

Poole clams & mussel chowder (GF)

10 oz RIB EYE (GF) 29

8 oz FILLET (GF) 29

VEAL CHOP (GF) 25

triple cooked chips, slow cooked tomato,
mushroom, watercress, peppercorn sauce

PAN FRIED POTATO DUMPLINGS

15

Wild mushroom, sun blush tomatoes (V)

ROSEMARY & LEMON CHICKEN SUPREME

19

Cherry tomato & new potatoes (GF)

PAN FRIED DUCK BREAST

20

Fondant potato, mange tout, peach relish (GF)

COME DOWN FOR OUR SUNDAY ROAST

12 - 2.45pm

SET MENU

Available every lunch & early bird dinner

WEEKEND SPECIALS

A selection of the best market fish

FOR TWO SHARERS

16 oz CHATEAUBRIAND 58

triple cooked chips, slow cooked tomato,
mushrooms, watercress, peppercorn sauce (GF)

SIDES

4 each

Triple cooked chips (GF)

Skinny fries

Seasonal green vegetables (GF)

Mixed salad (GF)

NEO SHELFISH

LOBSTER THERMIDOR ½ 22 whole 40

New potatoes, baby leaf salad (GF)

ICED FRUIT DE MER 68

Dressed crab, ½ lobster, 6 langoustines,
4 oysters, 6 prawns, hot mussels (GF)

MUSSELS 18

Cooked marinere in garlic,
white wine, cream, fries

if you have any dietary requirements or require any details on allergens within our dishes, please ask your server.

a 10% service charge will automatically be added to the bill. this charge is discretionary, please ask if you wish it to be removed. to see our full service charge policy, visit our website.